



## The Galway Backpack Program...

Is a program designated for our students. We provide meals and snacks to take home with them each weekend & break weeks. Additionally, we assist in supplying extra snacks in the classroom as well as on standby for any crisis situations in the home.

This program assists all students of Galway Central School District with the mindset no child/student should feel or be hungry. It is 100% run through donations and volunteerism on a weekly basis.

If there is a need, references are made by a teacher, a school counselor, any other staff, students themselves, or a parent. Email Nadine, [gmoonman65@aol.com](mailto:gmoonman65@aol.com) or call or text her at (518)-779-0044 with requests.

**Donation List and what goes into a bag (4-6 meals weekly, plus an assorted supplemental snack bag):**

**CANNED MEALS:** CHICKEN, RAVIOLI'S, SPAGHETTIOS, TUNA, SOUP, & MAC n' CHEESE,  
**SIDE MEALS:** MAC n' CHEESE, MASHED POTATOES, PASTAS, RICE, CANNED VEGETABLES  
**SNACKS:** CEREAL BARS, CRACKER PACKS, FRUIT CUPS (CANS), GIFT CARDS, GRANOLA BARS, JELLO CUPS, OATMEAL, PEANUT - BUTTER (SM), RAISINS, APPLESAUCE CUPS, CEREAL & more....

**HYGIENE KITS** (every 5 weeks or so and upon request): DEODORANTS, TISSUES, TOOTHBRUSH, TOOTHPASTE SOAP, WASHCLOTHS and lockers kits upon need.

**LOOKING FOR FINANCIAL SPONSORS FROM TEACHERS, CLUBS/ GROUPS, FAMILY MEMBERS, and BUSINESS. CHECKS CAN NOW BE MADE OUT TO THE GALWAY BACKPACK PROGRAM. IF YOU WOULD LIKE TO MAKE A DONATION, please send checks to 6131 Greens Corner Rd., Galway or 5317 Sacandaga Rd., Galway 12074 % Nadine DesPres.**

**PLEASE CONTACT NADINE. EMAIL ME WITH ANY QUESTIONS @ [gmoonman65@aol.com](mailto:gmoonman65@aol.com). THANK YOU!**



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<h3 style="text-align: center;">FOOD ITEMS</h3> <ul style="list-style-type: none"> <li>• Applesauce cups</li> <li>• Backpacks</li> <li>• Canned meals <ul style="list-style-type: none"> <li>○ fruit</li> <li>○ Meats (tuna, chicken, spam)</li> <li>○ Raviolis, spaghetti, beefaroni</li> <li>○ Soups</li> <li>○ vegetables</li> </ul> </li> <li>• Cereal/ cereal bars</li> <li>• Crackers</li> <li>• Drawstring bags</li> <li>• Fruit cups</li> <li>• Gift cards</li> <li>• Granola bars</li> <li>• Jello</li> <li>• Mac n' cheese</li> <li>• Oatmeal</li> <li>• Peanut butter</li> <li>• Sides (rice, mashed potatoes)</li> <li>• Pasta</li> </ul>	<h3 style="text-align: center;">HYGIENE ITEMS</h3> <ul style="list-style-type: none"> <li>• Bar soap</li> <li>• Body sprays</li> <li>• Dental floss</li> <li>• Deodorants (men and women)</li> <li>• Liquid hand soaps</li> <li>• Mini tissue packs</li> <li>• Tooth brushes</li> <li>• Toothpaste</li> <li>• Washcloths</li> </ul> <h3 style="text-align: center;">Household Items</h3> <ul style="list-style-type: none"> <li>• Dish detergent</li> <li>• Laundry detergent</li> <li>• Paper towels</li> <li>• Tissues</li> <li>• TP</li> </ul>
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